

A REAL BEAUTY

HOUSEWIFE **ERIKA JAYNE** ON HER NEW BOOK AND KEYS TO STAYING GORGEOUS

When **Erika Girardi**, AKA Erika Jayne, made her debut on Bravo's *Real Housewives of Beverly Hills*, viewers were instantly captivated by her style, showstopping performances and chill personality. Two seasons later, the fan favorite has released a memoir, *Pretty Mess*, that covers her childhood, becoming a young mother, her divorce, her singing career and her marriage to high-powered attorney **Tom Girardi**. "Writing it was a great experience, a lot of interviews, conversations and

forgotten memories," Erika tells *OK!*. "I hope the reader gets a few laughs. It's just a human story." Here, she chats about her life and her beauty secrets.

What's your secret for beautiful skin?

My mom always told me to wear sunscreen, to not pull on my skin, to wash my face with a gentle cleanser and to take my makeup off before going to bed.

I wear sunblock every



BY THE BOOK
Need a juicy read to bring on vacation or help pass time while commuting? Erika's tell-all memoir, out now, won't disappoint. *Pretty Mess*, \$17, amazon.com

day. I drink my water. I also go to a dermatologist, Dr. Jason Diamond, for peels, color correction and laser treatments. My biggest beauty indulgence is Botox and fillers. All those things add up.

You have an amazing figure. What is your workout routine?

I grew up a dancer and I look my best when I'm dancing my ass off. I train privately with Alfonso Moretti at Merge. Gotta keep it high and tight!

If you could loan your glam squad to one housewife, who would it be?

Melissa Gorga. She is a little performer inside, spicy and not afraid. I think she would be able to embrace her sexier side. She could pull it off.

You've been called a modern-day Marilyn Monroe. Who is your beauty inspiration?

Marilyn Monroe! In the clubhouse we have a glam room and I have an autographed picture she gave to her makeup artist. It says something like, "I couldn't do it without you." It was a gift from Tom — how perfect is that?

Why is it so important for women to glam it up on occasion?

Life is too short. If you want to try something new, just go do it! And don't be afraid of judgment. You have to be willing to step out and do your own thing. **OK!**

Mario Badescu
Rose Hips Nourishing Oil, \$22, mariobadescu.com



"There is one cheap thing in my arsenal: Mario Badescu Rose Hips Oil. It's affordable but really effective."

"I want to buy the whole MDNA line. I hear the science behind it is amazing."

MDNA Skin
The Reinvention Cream, \$75, barneys.com



HER BEAUTY GO-TOS



"Everyone should have a great under-eye cream, the skin in that area shows your age. I use Dr. Lancer's right now, but I have different things for different climates."

Lancer
Eye Contour Lifting Cream, \$95, lancerskin.com



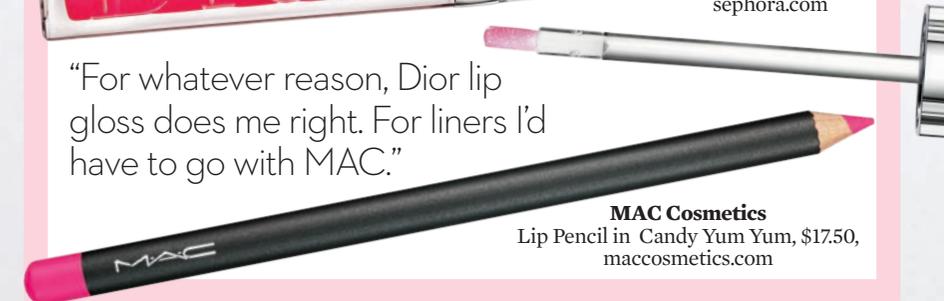
"I tell everyone about Aquaphor in a spray bottle. I put it on my elbows, knees. I used it a lot this winter to keep me from looking like a snake."

Aquaphor
Ointment Body Spray, \$9, target



Dior
Addict Ultra-Gloss #773 Paradise, \$30, sephora.com

"For whatever reason, Dior lip gloss does me right. For liners I'd have to go with MAC."



MAC Cosmetics
Lip Pencil in Candy Yum Yum, \$17.50, maccosmetics.com